

MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.-BHUPATINAGAR, Dist.-PURBA MEDINIPUR, PIN.-721425, WEST BENGAL, INDIA NAAC Re-Accredited B+Level Govt. aided College CPE (Under UGC XII Plan) & NCTE Approved Institutions DBT Star College Scheme Award Recipient E-mail : mugberia\_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

## **Report** on

# "Mentor Mentee Club"

## **Subject** -B.Sc (Nutrition)

# **Organized by- Department of Nutrition**

## Mugberia Gangadhar Mahavidyalaya

### 20.03.2023

**Report prepared by Mr. Tonmoy Kumar Giri, SACT, Dept. of Nutrition,** Mugberia Gangadhar Mahavidyalaya Mentor- Mentee Cell (Formerly known as Tutor-Ward Club) is founded by Mugberia Gangadhar Mahavidyalaya, Bhupatinagar, Department of Nutrition with a vision to extend support and guidance to the students studying in the college for the betterment of their academic and professional career and thereby contribute towards nation building. It is very effective system that is aimed to narrow down the gap between the mentee and the mentor and thereby the society in general. The students may come across difficulties during the degree programmes and have to face academic and adjustment challenges. To cope up with such problems and to enable them to excel in academics and profession as per their potential, a Mentor- Mentee programme for the students of the institution has been developed.

We are providing counseling to the students through personal attention and regular dialogues during their stay on campus, on telephone and by paying personal visits to the houses of the mentees allotted to the teacher concerned as the Mentor. We have been providing them tips on studies personal counseling, guidance regarding career choices, to get success in the university examinations. We have also been supporting the mentees in the form of precise content on courses, fees, reviews, college admission process and scholarships etc. The scheme has become very successful in bridging the gap between the teacher and the student. It has become instrumental in blending the harmonious relationship between the learner and his/her family and the institution at large. It has definitely created an atmosphere of conviction and faith about the alma mater. Consequently, every year the enrolment ratio of girl-students from all sections of society has been rapidly increasing.

We aim that all students get rightly educated and take the right step towards building their career

#### Aims and Objectives:

- > To bridge the gap between the mentor and the mentee.
- > To ensure the quality performance of the students in academics.
- > To deal with the related issues for the holistic development of the students.
- > To provide mutual support and congenial learning environment.
- > To inspire and motivate for higher studies and competitive examinations.
- $\blacktriangleright$  To discuss stress related issues.
- > To regulate the academic involvement and assess the outcome

#### **Program Details:**

- Mentees shall be assigned to the mentors right from the first year of the programme.
- A mentor shall not have more than 30 mentees at a time.
- > The mentees preferably be attached to the same mentor for the entire duration of the programme.
- > The mentor shall meet the mentees regularly and record the outcome of the meeting in the hard copy. The details about each mentee will be recorded and periodically updated.
- > The mentor shall identify the students performing exceptionally well in curricular or co-curricular activities and report to the head of the institution/department for providing further motivation to advanced/gifted learners.
- > The mentor shall also identify the students whose performance/attendance is below par. The mentor shall interact with the student and try to find out the cause of the problem or an indifferent behavior. If required the mentor will involve the parents, head of the department for reforming the student. 2

- A. Attendance: The mentor shall observe and monitor the attendance of the mentee. He/she shall advise and take necessary follow up action with regard to students who do not meet the attendance norms of the college.
- B. Academic Matters: The mentor shall also keep a track of the academic performance of mentees including continuous assessment, term and examination and help the mentee through counseling or by arranging remedial teaching, if necessary
- C. Behavioral and discipline matters.
- D. Health and physical well being.
- E. Achievements, talents and co-curricular activities.
- F. Stress related issues.

#### **Duties/Responsibilities of Mentor:**

- A. Introduce and discuss the concept of mentor- mentee system with the assigned mentees.
- B. Call a meeting of all mentees and record their necessary details in the designated form, note any specific requirement of students and discuss with them the complete schedule of future meetings
- C. Keep a track of the attendance, academic performance and behavioral aspects of the students by interacting with exam department and the hostel authorities etc.
- D. Support students academically and emotionally.
- E. Contact parents to inform the progress of their ward, whenever required and visit the houses of mentees at least twice in the year.
- F. Maintain a record of the progress made by the identified underperforming students and take remedial actions wherever required.
- G. To guide students and also to arrange for remedial teaching if required.

#### **Duties/Responsibilities of Mentee:**

- a. Attend meeting regularly
- b. Fill personal information in the form at the time of joining the mentor- mentee system.
- c. Provide details of attendance, continuous assessment, term end examination, co curricular, extra- curricular activities to the mentor whenever asked for.
- d. Repose confidence in the mentor and seek his/her advice whenever required.
- e. Provide all the necessary data with relevant documents (Previous Academic performance Records, documents for participation in extra/co curricular activities and academic advancement ).
- f. Know what you want and ask for what you need.
- g. Identify special goals that you want to achieve and discuss it clearly with your mentor.
- h. Seek information regarding resources that you need from various sources.
- i. Conduct Peer Mentoring to help your mentor.
- j. Have a positive attitude.
- k. Accept feedback respectfully & cordially & discuss future course of action.
- 1. Attend mentor meetings regularly & punctually.
- m. Provide feedback and communicate healthy developments in you.

#### **Characteristics of a good Student Mentor:**

- A good student mentor is someone who engages in a positive relationship with the student and gives them attention.
- The mentor needs to have positive self-esteem, react well to stressful situations and tolerate frustrating situations.
- They need to listen well and communicate on a level that the student can understand and not be judgmental.
- > The mentor needs to provide leadership and guidance and be a positive role model, nurturing a relationship that respects the student"s dignity.
- > The mentor must always show up on time for sessions, be committed and accept their responsibilities.
- A good mentor will reinforce the student's successes and challenge them to do better and be willing to give them a fresh start if there are any lapses.
- > They will not break the trust they have established.

#### **Benefits of a Student Mentoring Program:**

- Students benefit by receiving the support and guidance of a caring adult or supportive peer and also receiving assistance with their academic studies.
- Students will experience greater self-esteem and be motivated to succeed.
- They will also receive encouragement to stay in education and progress to further and/or higher education and receive assistance in choosing a career path.
- > The Mentees will be encouraged to avoid the use of drugs and alcohol.
- Student will also improve interpersonal relationships, such as with Institute, the teaching staff and the student's family.

#### **Benefits to Peer Mentors:**

- Adults who volunteer to mentor students increase their involvement in the learning community and recognize they can make a difference.
- They will gain new experience and knowledge about young people and the Institute community and contribute to the wider aims of community cohesion and regeneration.

#### **Benefits to the Nutrition Department:**

- Having a student mentoring scheme helps to foster good community relations and contributes to the local and area targets for economic growth.
- Students will be more motivated and inspirational which will improve morale amongst the learning community.
- Mentoring will maximize the achievements of individual students and groups of students who are at risk of underperforming and remove barriers to achievement for vulnerable groups of students. 4

Mentoring enhances the skills of staff and students, improves student attendance and increases studentretention.

#### Minutes of the Departmental meeting for Mentor Mentee Club on 20.03.2023

#### Members present:

- 1. Dr. Apurba Giri, HOD, Assistant Prof., Dept. of Nutrition
- 2. Mrs. Moumita Samanta, SACT, Dept. of Nutrition
- 3. Ms. Pranati Bera, SACT, Dept. of Nutrition.
- 4. Mrs. Keya Dash, SACT, Dept. of Nutrition.
- 5. Mrs. Rikta Jana, SACT, Dept. of Nutrition.
- 6. Mrs. Sucheta Sahoo, SACT, Dept. of Nutrition..
- 7. Mr. Prabir Jana, SACT, Dept. of Nutrition..
- 8. Mr.Tonmoy Kumar Giri, SACT, Dept. of Nutrition..
- 9. Ms. Monalisa Roy, Assistant Prof., Dept. of Nutrition..
- 10., Ms. Surti Mandal, Assistant Prof., Dept. of Nutrition..
- 11. Mr. Khokan Chandra Gayen Assistant Prof., Dept. of Nutrition..
- 12. Mr. Ayan Mondal, Assistant Prof., Dept. of Nutrition..

A short meeting was arranged at 3 pm regarding the implementation of "Mentor Mentee Club" in our Department. All teachers of the department joined the meeting in time. Dr. Apurba Giri, HOD of Dept. of Nutrition chaired the meeting.

#### **Decision taken in the meetings:**

1) It is decided that **Dr. Apurba Giri** will be coordinator of this programme.

It is decided that Mrs. Keya Dash &, Mrs. Keya Dash will be joint-coordinator of this programme.

- 2) A mentor mentee programme will be held on 20.03.2023.
- 3) Approved list of the Mentors and list of mentees assigned to mentor is formatted which are given bellow.

### Mugberia Gangadhar Mahavidyalaya Mentor-Mentee Club Approved List of the Mentors Department of Nutrition 2022-2023

| Sr.<br>No | Name of Mentor                              | Dept. of<br>Mentor | No of<br>Mentees | Allotted Class of<br>Mentees |
|-----------|---|--------------------|------------------|------------------------------|
| 1.        | Dr. Apurba Giri<br>Assistant Professor& HOD | Nutrition          | 20               | B.Sc I Sem                   |
| 2.        | Mr.Tonmoy Kumar Giri,<br>SACT               | Nutrition          | 10               | B.Sc I Sem                   |
| 3.        | Mrs. Moumita Samanta<br>SACT                | Nutrition          | 11               | B.Sc V Sem                   |
| 4.        | Ms. Pranati Bera<br>SACT                    | Nutrition          | 15               | B.Sc IIISem                  |
| 5.        | Mrs. Keya DashSACT                          | Nutrition          | 15               | B.Sc III Sem                 |
| 6.        | Mr. Prabir Jana                             | Nutrition          | 21               | B.Sc I Sem                   |
| 7.        | Mrs.Rikta Jana                              | Nutrition          | 24               | B.Sc IIISem                  |

### Mugberia Gangadhar Mahavidyalaya Mentor-Mentee Club List of mentees assigned to Mentors

| Sr.<br>No.<br>1. | Name of<br>Mentor<br>Pranati | No of<br>Mentee<br>Allotted | Name of<br>Mentee | Roll No.<br>Of<br>Mentee | Class<br>Of<br>Mentee<br>B.Sc | Address and phone no. of mentee<br>C/O- PRABIR JANA  |
|------------------|------------------------------|-----------------------------|-------------------|--------------------------|-------------------------------|--|
|                  | Bera                         |                             | Priya Jana        |                          | 3rd<br>sem                    | VILL- NARUABILA<br>P.O- BAMANBARH<br>DIST- PURBA MEDINIPUR<br>PIN- 721456<br>DATE OF BIRTH- 01/05/2004<br>BLOOD GROUP- B+<br>EMAIL- PRIYAJANA052020@GMAIL.COM<br>MOBILE NO- 9735232703                                     |
| 2.               | Pranati<br>Bera              |                             | Dipika Giri       |                          | B.Sc<br>3rd<br>sem            | C/O:- DIPANKAR GIRI<br>VILL:-JAGUDASBAR<br>P.O:-MARISHDA<br>DIST:-PURBA MEDINIPUR<br>PIN:-721449<br>DATH OF BIRTH:-09/12/2004<br>BLOOD GROUP:-O+<br>EMAIL ID:-DIPIKAGIRI789@GMAIL.COM<br>MOBILE NO:-9734688648, 9641188185 |
| 3.               | Pranati<br>Bera              |                             | Sayantani<br>Bera |                          | B.Sc<br>3rd<br>sem            | C/O:-PRADIP BERA<br>VILL:-DAKSHIN BIJAY NAGAR<br>P.O:-PAUSHI<br>DIST:-PURBA MEDINIPUR<br>PIN:-721444<br>DATE OF BIRTH:-08/11/2002<br>BLOOD GROUP:-A+<br>EMAIL ID:-<br>SAYANTANIB913@GMAIL.COM<br>MOBILE NO:-8967461328     |
| 4.               | Pranati<br>Bera              |                             | Puja Das          |                          | B.Sc<br>3rd<br>sem            | C/O:- SUBAL CHANDRA DAS<br>VILL:-DEULBAR<br>P.O:-ARGOAL<br>DIST:-PURBA MEDINIPUR<br>PIN:-721456<br>DATE OF BIRTH:-14/01/2004<br>BLOOD GROUP:-A+<br>EMAIL IID:-DASPUJA2004@GMAIL.COM<br>MOBILE NO:-7550865723               |
| 5.               | Pranati<br>Bera              |                             | Ankita Das        |                          | B.Sc<br>3rd<br>sem            | C/O :- UTPAL DAS<br>VILL:- MIRJAPUR<br>P.O:- KAJLAGHOR   |

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|     |         |               |             | MOBILE NO:- 9883815304            |
| 6.  | Pranati | Putul Rani    | B.Sc        | C/O:- SOMSANKAR JANA              |
|     | Bera    | Jana          | 3rd         | VILL:- KRISHNANAGAR               |
|     |         |               | sem         | P.O KRISHNANAGAR                  |
|     |         |               |             | DIST- PURBA MEDINIPUR             |
|     |         |               |             | PIN-721430                        |
|     |         |               |             | DATE OF BIRTH - 18/06/2005        |
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|     |         |               |             | MOBILE NO- 9144847473             |
| 7.  | Pranati | Priyanka      | B.Sc        | C/O:- GOURHARI MAHAPATRA          |
| /.  | Bera    | Mahapatra     | B.SC<br>3rd | VILLAGE:- KRISHNANAGAR            |
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|     |         |               | sem         | DIST.:- PURBA MEDINIPUR           |
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|     |         |               |             | DOB:-05/11/2003                   |
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|     |         |               |             | MOBILE NO: 8001305558             |
| 8.  | Pranati |               | B.Sc        | C/O - PRANAB JANA                 |
|     | Bera    | Sanghamitra   | 3rd         | VILL - BATTALYA                   |
|     |         | Jana          | sem         | P.O - SHILLYABERIA                |
|     |         |               |             | DIST - PURBA MEDINIPUR            |
|     |         |               |             | PIN - 721431                      |
|     |         |               |             | DATE OF BIRTH - 14/08/2004        |
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| 9.  | Pranati |               | B.Sc        | C/O:-PRAVAT KUMAR MAITI           |
|     | Bera    |               | 3rd         | VILL:-DHAIPUKURIA                 |
|     |         | Tanima        | sem         | P.O:-MUGBERIA                     |
|     |         | Maiti         |             | DIST:-PURBA MEDINIPUR             |
|     |         |               |             | PIN:-721425                       |
|     |         |               |             | DATH OF BIRTH:-23/08/2004         |
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| 10  | Dranati | Dakhi Dal     | D.C.        | MOBILE NO:-9832516075             |
| 10. | Pranati | Rakhi Pal     | B.Sc        | C/O:- LALCHAND PAL                |
|     | Bera    |               | 3rd         | VILL:- SHIBRAMPUR                 |
| 1   | 1 1     |               | sem         | P.O:- ARJUNNAGAR                  |
| 1   |         |               |             |                                   |
|     |         |               |             | DIST:- PURBA MEDINIPUR            |
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| 11.     Pranati     Pameli Kar     B.Sc     C/O:-AMIYA KAR       Bera     3rd     VILL:-SUKRULLAPUR       Sem     P.O:-SUKRULLAPUR       DIST:-PURBA MEDINI       PIN:-721626       DATH OF BIRTH :-23/               |            |
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| InterpretationInterpretationMobile NO:- 97498111.Pranati<br>BeraPameli KarB.ScC/O:-AMIYA KAR<br>3rdBeraSemP.O:-SUKRULLAPUR<br>DIST:-PURBA MEDINI<br>PIN:-721626<br>DATH OF BIRTH :-23/                                |            |
| 11.     Pranati     Pameli Kar     B.Sc     C/O:-AMIYA KAR       Bera     Bera     B.Sc     Srd     VILL:-SUKRULLAPUR       Sem     P.O:-SUKRULLAPUR     DIST:-PURBA MEDINI       PIN:-721626     DATH OF BIRTH :-23/ | 3130       |
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| BLOOD GROUP :-B+  |            |
| EMAIL ID:-KARPAMEI  | _          |
| MOBILE NO :-781107  | 3673       |
|   |            |
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| 12. Pranati Srijita Giri B.Sc C/O:- TAPAS GIRI  |            |
| Bera Sinjita Giri B.Sc C/O TAPAS Giri B.Sc Bera   | VΔ         |
| sem P.O:- GHOLEPUKURIY  |            |
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| PIN:- 721650  |            |
| DATH OF BIRTH:- 21/   | 8/2005     |
| BLOOD GROUP:- B+  | 0/2003     |
|   |            |
| EMAIL ID:- SRIJITAGI  | -          |
| MOBILE NO:-9933110  |            |
| 13. Pranati Sucharita B.Sc C/O-RANJAN KUMAR   | KAKAN      |
| Bera Karan 3rd VILL-KOURMAISHALI  |            |
| sem P.O-ICHHABARI   |            |
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| BLOOD GROUP -O+   |            |
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| Bera Bhunia 3rd VILL+POST:-LALUA  |            |
| sem DIST:-PURBA MEDINI  | PUR        |
| PIN:-721456   |            |
| DATE OF BIRTH:-26/C   | 9/2004     |
| BLOOD GROUP:-AB+  |            |
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| ARCHANA.BHUNIA20  | -          |
| MOBILE NO:-7908893  |            |
| 15. Pranati Sayanti B.Sc C/O:- PRALAY PRADH   | AN         |
| Bera Pradhan 3rd VILL- BAGHADARI  |            |
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| 16. Keya B.Sc C/O:-BASUDEB PAND   |            |

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|     |           |                   |      | PIN:-721425                      |
|     |           |                   |      | DATH OF BIRTH:-29/06/2005        |
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| 17. | Кеуа      | Shrabani          | B.Sc | C/O:- BENU DHAL                  |
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| 18. | Кеуа      | Mitali            | B.Sc | C/O:-SASANKA MANDAL              |
|     | Dash      | Mandal            | 3rd  | VILL:-BARAKUMARDA                |
|     |           |                   | sem  | P.O:-CHANDANPUR                  |
|     |           |                   |      | DIST:-PURBA MEDINIPUR            |
|     |           |                   |      | PIN:-721438                      |
|     |           |                   |      | DATE OF BIRTH:-09/11/2003        |
|     |           |                   |      | BLOOD GROUP:-B+                  |
|     |           |                   |      | EMAIL ID:-                       |
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| 19  | Кеуа      | Sujata Adak       | B.Sc | C/O- JOYDEV ADAK                 |
| 15  | Dash      | Sujata Auak       | 3rd  | VILL- KOTEMUKHA                  |
|     | Dasii     |                   |      | P.O- ALUKARANBARH                |
|     |           |                   | sem  |                                  |
|     |           |                   |      | DIST- PURBA MEDINIPUR            |
|     |           |                   |      | PIN- 721454                      |
|     |           |                   |      | DATE OF BIRTH- 18/05/2005        |
|     |           |                   |      | BLOOD GROUP- A+                  |
|     |           |                   |      | EMAIL ID- LUCKYSUBHA18@GMAIL.COM |
|     |           |                   |      | MOBILE NO- 8001081717            |
|     | Кеуа      |                   | B.Sc | C/O:- MANINDRO NATH HAZRA        |
| 20  | Dash      | Shyama            | 3rd  | VILL:- PACHIM KALAGACCHYA        |
|     |           | Hazra             | sem  | P.O:- MUGBERIA                   |
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|     |           |                   |      | PIN:-721425                      |
|     |           |                   |      | DATE OF BIRTH:- 3/04/2003        |
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|     |           |                   |      | EMAIL ID:- SHYAMAHZR@GMAIL.COM   |
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| 21  | Кеуа      | Soma              | B.Sc | TANUSHREE BERA                   |
| 21  | Dash      |                   |      |                                  |
|     | Dasti     | Manna             | 3rd  | C/O- TAPAN BERA                  |
|     |           |                   | sem  | VILL- KOTEMUKHA                  |
|     |           |                   |      | P. O- ALUKARANBARH               |
|     |           |                   |      | DIST- PURBA MEDINIPUR            |
|     |           |                   |      | PIN- 721454                      |

| 22Keya<br>DashAshrita MaliB.Sc<br>StructureC/O - UTTAM KUMAR MALI<br>OBILE NO- 959335628122Keya<br>DashAshrita MaliB.Sc<br>SrdC/O - UTTAM KUMAR MALI<br>VILL - SINARY<br>DIST - PURBA MEDINIPUR<br>PIN - 721456<br>DATE OF BIRTH - 17/09/2004<br>BLOOD GROUP - B+<br>EMAIL ID - ASHRITAMALI9@GMAI<br>MOBILE NO 630561264923Keya<br>DashJharna<br>KamilaB.Sc<br>3rd<br>Sem23C/O - RABIN KAMILA<br>VILL - SANTRABARH<br>P.O- KHAGDABIRGRAM<br>DIST - PURBA MEDINIPUR<br>PIN-721633<br>DATE OF BIRTH 02/08/2004  |       |
|---|-------|
| 22Keya<br>DashAshrita MaliB.Sc<br>SemC/O - UTTAM KUMAR MALI<br>Sind<br>Dist - PURBA MEDINIPUR<br>PIN - 721456<br>DATE OF BIRTH - 17/09/2004<br>BLOOD GROUP - B+<br>EMAIL ID - ASHRITAMALI9@GMAI<br>MOBILE NO 630561264923Keya<br>DashJharna<br>KamilaB.Sc<br>SemC/O - RABIN KAMILA<br>VILL - SINARY<br>Sem23Keya<br>DashJharna<br>KamilaB.Sc<br>SemC/O - RABIN KAMILA<br>VILL - SINARY<br>DIST - PURBA MEDINIPUR<br>PIN - 721456<br>DATE OF BIRTH - 17/09/2004<br>BLOOD GROUP - B+<br>EMAIL ID - ASHRITAMALI9@GMAI<br>MOBILE NO 630561264923DashKamilaB.Sc<br>Srd<br>Sem24DashKamilaJharna<br>SemDash23DashJharna<br>KamilaB.Sc<br>Srd<br>Srd<br>SemJharna<br>Sem23DashJharna<br>KamilaD.Sc<br>Srd<br>SemD.ST - PURBA MEDINIPUR<br>PIN-721633<br>DATE OF BIRTH 02/08/2004   |       |
| 22Keya<br>DashAshrita MaliB.Sc<br>SemC/O - UTTAM KUMAR MALI<br>Sind<br>Dist - PURBA MEDINIPUR<br>PIN - 721456<br>DATE OF BIRTH - 17/09/2004<br>BLOOD GROUP - B+<br>EMAIL ID - ASHRITAMALI9@GMAI<br>MOBILE NO 630561264923Keya<br>DashJharna<br>KamilaB.Sc<br>SemC/O - RABIN KAMILA<br>VILL - SINARY<br>PIN - 721456<br>DATE OF BIRTH - 17/09/2004<br>BLOOD GROUP - B+<br>EMAIL ID - ASHRITAMALI9@GMAI<br>MOBILE NO 630561264923Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line<br>Line <br< td=""><td></td></br<>  |       |
| 22Keya<br>DashAshrita MaliB.Sc<br>3rdC/O - UTTAM KUMAR MALI<br>VILL - SINARY<br>sem24DashAshrita MaliB.Sc<br>3rdVILL - SINARY<br>DIST - PURBA MEDINIPUR<br>PIN - 721456<br>DATE OF BIRTH - 17/09/2004<br>BLOOD GROUP - B+<br>EMAIL ID - ASHRITAMALI9@GMAI<br>MOBILE NO 630561264923Keya<br>DashJharna<br>KamilaB.Sc<br>3rd<br>Sem23C/O - RABIN KAMILA<br>VILL - SANTRABARH<br>P.O- KHAGDABIRGRAM<br>DIST - PURBA MEDINIPUR<br>PIN - 721633<br>DATE OF BIRTH 02/08/2004  |       |
| 22Keya<br>DashAshrita MaliB.ScC/O - UTTAM KUMAR MALI<br>Sind<br>Sind<br>P. O - PATASHPUR<br>DIST - PURBA MEDINIPUR<br>PIN - 721456<br>DATE OF BIRTH - 17/09/2004<br>BLOOD GROUP - B+<br>EMAIL ID - ASHRITAMALI9@GMAI<br>MOBILE NO 630561264923Keya<br>DashJharna<br>KamilaB.Sc<br>3rd<br>Sem23Keya<br>DashJharna<br>KamilaB.Sc<br>3rd<br>Sem  | L.COM |
| DashJash3rdVILL - SINARY<br>P. O - PATASHPUR<br>DIST - PURBA MEDINIPUR<br>PIN - 721456<br>DATE OF BIRTH - 17/09/2004<br>BLOOD GROUP - B+<br>EMAIL ID - ASHRITAMALI9@GMAI<br>MOBILE NO 630561264923Keya<br>DashJharna<br>KamilaB.Sc<br>3rd<br>Sem23C/O - RABIN KAMILA<br>VILL - SANTRABARH<br>P.O KHAGDABIRGRAM<br>DIST - PURBA MEDINIPUR<br>PIN-721633<br>DATE OF BIRTH 02/08/2004  | L.COM |
| 23KeyaJharnaB.Sc23DashKamila3rd24SemC/O - RABIN KAMILAVILL- SANTRABARHP.O KHAGDABIRGRAMDIST - PURBA MEDINIPURPIN - 721456DATE OF BIRTH - 17/09/2004BLOOD GROUP - B+EMAIL ID - ASHRITAMALI9@GMAIMOBILE NO 630561264923DashKeyaJharnaB.ScJharnaB.ScJharnaB.ScJARNA <t< td=""><td>L.COM</td></t<>  | L.COM |
| 23Keya<br>DashJharna<br>KamilaB.Sc<br>SemSrd<br>C/O - RABIN KAMILA<br>VILL- SANTRABARH<br>P.O- KHAGDABIRGRAM<br>DIST - PURBA MEDINIPUR23DashKamilaB.Sc<br>Sem23DashJharna<br>KamilaB.Sc<br>Sem24DashJharna<br>KamilaB.Sc<br>Sem25DashJharna<br>KamilaB.Sc<br>Sem26DashJharna<br>KamilaB.Sc<br>Sem27DashJharna<br>KamilaB.Sc<br>Sem28DashJharna<br>KamilaB.Sc<br>Sem29DATE OF BIRTH 02/08/2004   | L.COM |
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| Keya<br>DashJharna<br>KamilaB.Sc<br>3rd<br>semC/O - RABIN KAMILA<br>VILL- SANTRABARH<br>P.O- KHAGDABIRGRAM<br>DIST -PURBA MEDINIPUR<br>PIN-721633<br>DATE OF BIRTH 02/08/2004   |       |
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| VILL- SANTRABARH<br>P.O- KHAGDABIRGRAM<br>DIST -PURBA MEDINIPUR<br>PIN-721633<br>DATE OF BIRTH 02/08/2004   |       |
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| DIST -PURBA MEDINIPUR<br>PIN-721633<br>DATE OF BIRTH 02/08/2004   |       |
| PIN-721633<br>DATE OF BIRTH 02/08/2004  |       |
| DATE OF BIRTH 02/08/2004  |       |
|   |       |
| BLOOD GROUP -B+   |       |
| EMAIL ID - KAMILARAMKRISHNA3  | ര     |
| GAMIL.COM   | ,e    |
| MOBILE NO -7319204812   |       |
| 24 Keya Banashree B.Sc  |       |
| Dash Giri 3rd C/O- BIMAL GIRI   |       |
| sem VILL- SHYAMCHAK   |       |
| P.O- SRIKANTAPUR  |       |
| DIST- PURBA MEDINIPUR   |       |
| PIN-721601  |       |
| DATE OF BIRTH- 14/07/2004   |       |
| BLOOD GROUP-A+  |       |
| EMAIL ID- BANASHREEGIRI8@GM   |       |
|   | AIL.C |
| MOBILE NO-8710096456         25       Keya       Sintu Maity       B.Sc   |       |
|   |       |
| Dash 3rd C/O:- KALACHAND MAITY  |       |
| sem VILLAGE:- HERIA   |       |
|   |       |
| DIST.:- PURBA MEDINIPUR   |       |
| PIN:- 721430  |       |
| DOB:- 03/08/2004  |       |
| BLOOD GROUP:- B+  |       |
| EMAIL ID:-  |       |
| MAITYSINTU532@GMAIL.COM   |       |
| MOBILE NO: 9635175736   |       |
| Keya Sanchita B.Sc C/ O- SUBRATA JANA   |       |
| 26 Dash Jana 3rd VILL- GHOLEPUKURIA   |       |
|   |       |
| sem P.O- GHOLEPUKURIA   |       |
| sem P.O- GHOLEPUKURIA<br>DIST- PURBA MEDINIPUR  |       |
|   |       |

|    |              |             |                    | BLOOD GROUP - B+<br>EMAIL ID - JSUBRATA001@GMAIL.COM<br>MOBILE NO - 9547067162  |
|----|--------------|-------------|--------------------|---|
| 27 | Keya<br>Dash | Rahul Das   | B.Sc<br>3rd<br>sem | C/O:-TOTAN KUMAR DAS<br>VILL-CHINADARI<br>P.O-URURI<br>PIN-721458<br>DATE OF BIRTH-29/02/2004<br>BLOOD GROUP:-A+<br>EMAIL ID:-RAHULDAS19@GMAIL.COM<br>MOBILE NO- 7365020001   |
| 28 | Keya<br>Dash | Arpita Bera | B.Sc<br>3rd<br>sem | C/O-ATANU BIKASH BERA<br>VILL.+P.OHERIA<br>DISTPURBA MEDINIPUR<br>PIN- 721430<br>DATE OF BIRTH-15/06/2003<br>BLOOD GROUP-O+<br>EMAIL ID-<br>ARPITA.BERA.HERIA@GMAIL.COM<br>MOBILE NO-8101134583                             |
| 29 | Keya<br>Dash | Puja Maiti  | B.Sc<br>3rd<br>sem | C/O - SUDARSHAN MAITI<br>VILL :-SIMULBARI<br>P.O :- PAUSHI<br>DIST:- PURBA MEDINIPUR<br>PIN :- 721444<br>DATE OF BIRTH:- 10/01/2004<br>BLOOD GROUP:- B+<br>EMAIL ID :-<br>MAITIPUJA2004@GMAIL.COM<br>MOBILE NO :-7601812627 |
| 30 | Keya<br>Dash | Amrita Jana | B.Sc<br>3rd<br>sem | C/O-ANIMESH JANA.<br>VILL-KAKHURIABARI. P.O-<br>KISMET BAJKUL. DIST-PURBA<br>MEDINIPUR. PIN-721655.<br>DATE OF BIRTH-24/4/2005. BLOOD<br>GROUP-B+ EMAIL ID-<br>@AMRITAJANA1399. MOBILE NO-<br>8597728590S                   |



# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.-BHUPATINAGAR, Dist.-PURBA MEDINIPUR, PIN.-721425, WEST BENGAL, INDIA NAAC Re-Accredited B+Level Govt. aided College CPE (Under UGC XII Plan) & NCTE Approved Institutions DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

Date:09.03.2023

#### NOTICE

It is hereby notified that a Mentor Mentee Programme is schedule to be held on 20.03.2023 at 03.00 pm at Nutrition Department of Mugberia Gangadhar Mahavidyalaya. All students and all departmental teachers of Nutrition Department are informed to be presented in this said programme.

Dept. of Nutrition Mugberia Gangadhar Mahavidyalaya Principal Mugberia Gangadhar Mahavidyalaya

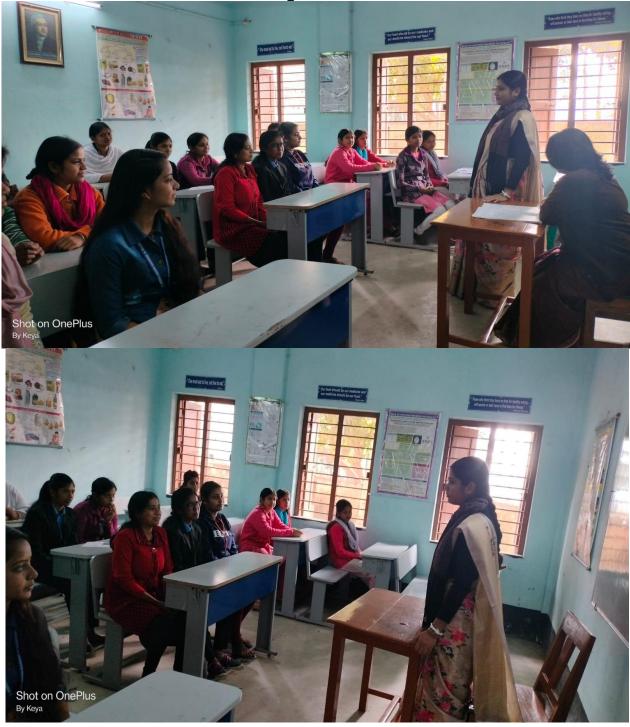
Principal Mugberia Gangadhar Mahavidyalaya

### Mentor Mentee Program Department of Nutrition Mugberia Gangadhar Mahavidyalaya

Mentor Mentee Meeting 2023 Agenda: Discussion about absence of few student. 2 Discussion about their pensonal problem. 3) Discussion about farmess for study them syllabus. 1 Discussion about preparation of internal examimation. A Misc many in wet a one they and ecomper us I sh Members proceent at mentor mente meeting held on. 10th 17.10 Allin de an an aller an printer Di cert 112755 Student's name : 854 1.20 ESTD.-1964 D Jharna kamila Purba Aedimiput Banashore Giri (2)910 Pija Dos Par Alan dail Astonita Mali Ligton educatio Mitali mandal 5. 5 S. A. K 6. Sayantani Beroa Amrita Jana 7. Pamele Kave 9. Sanghanitrea: Jana Inderes ? Energin 9. Dipika Gou 211. arris fear 16423 10. Sayanti Realtan 12- 10 De Barahar 11. anchita Jana 12. 13 Snijitan Gini Muchatia Gangadhar Maharish alaya Dis: 50009

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| 21.             | Anorta Bona  |
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## Some photos



#### Feedback Form Students'mentor mentree program Nutrition Dept., Mugberia Gangadhar Mahavidyalaya

| Prog  | ramme Name: B.Sc (NUTH) 🗹 B.Voc (FP)  |            |         |        |        |         |
|-------|---|------------|---------|--------|--------|---------|
| A. P  | case answer all questions by circling one out of numbers 1  | -5 against | each st | atemen | t.     |         |
|       | The number 1 - 5 correspond to the statement:<br>5 - Strongly agree<br>4 - Agree<br>3 - Neither agree nor disagree<br>2 - Disagree<br>1 - Strongly disagree |            |         |        |        |         |
| I     | How would your rate the mentoring programme?.   | 1          | 2       | 3      | 4      | 3       |
| п     | Would you want a mentor in the future?  | 1          | 2       | 3      | 4      |         |
| Ш     | Did you like your mentors?  | 1          | 2       | 3      | 4      | 5       |
| IV    | Is the program conduct regulary?  | 1          | 2       | 3      | 4      | 5       |
| v     | Are you able to sharing your problem to your mentors?   | 1          | 2<br>2  | 3      | 4      | 5 5 5 5 |
| VI    | Are you getting solution of your problem from your mentors  | ? 1        | 2       | 3      | 4<br>4 | 3       |
| B. Ho | w do you evaluate your overall programme?   |            |         |        |        |         |
|       | Very good 🖌 Good 🗌 Satisfactory 📕 F   | Poor       | Very    | poor [ |        |         |
|       |   |            |         |        |        |         |
|       |   |            |         |        |        |         |

Sanghanitra Jana

| Nutrition Dept., Mugberin Gangadhar Mahavidyalaya       Full Name     Pu&ul     Ran'u     Jana     Mobile number     SI (14 & 474 73)       Programme Name:     B.Sc (NUTH)     B.Voc (FP)   |        | -222  | Students'              | eedback      | entree nro   | gram     |         |         |       |      |
|--|--------|---|------------------------|--------------|--------------|----------|---------|---------|-------|------|
| Full Name     Putul     Ran't     Jana     Mobile number     State       Programme Name:     B.Sc (NUTH)     B.Voc (FP)     B.Voc (FP)       A. Please answer all questions by circling one out of numbers 1 -5 against each statement.       A. Please answer all questions by circling one out of numbers 1 -5 against each statement.       For number 1 - 5 correspond to the statement:       6 - Strongly agree       4 - Agree       3 - Neither agree nor disagree       2 - Disagree       1 - Strongly disagree       1 - How would your rate the mentoring programme?       1 - Strongly disagree       1 - How would your mentor?     1 2 3 4 5       11 Did you like your mentor?     1 2 3 4 5       12 - J 4 5     5       13 - V is the program conduct regulary?     1 2 3 4 5       14 - V you getting solution of your problem to your mentors?     1 2 3 4 5       15 - Are you able to sharing your problem from your mentors?     1 2 3 4 5       14 - Mow do you evaluate your overall programme?     2 3 4 5       15 - How do you evaluate your overall programme?     2 3 4 5       16 - Good     Satisfactory     Poor     Very poor       17 - Good     Good     Satisfactory     Poor <t< th=""><th></th><th>N</th><th>utrition Dept., Mi</th><th>ugberia Ga</th><th>angadhar</th><th>Mahav</th><th>idyala</th><th>ya</th><th></th><th></th></t<> |        | N   | utrition Dept., Mi     | ugberia Ga   | angadhar     | Mahav    | idyala  | ya      |       |      |
| Programme Name: B.Sc (NUTH) B.Voc (FP)<br>A. Please answer all questions by circling one out of numbers 1 -5 against each statement.<br>The number 1 - 5 correspond to the statement:<br>5 - Strongly agree<br>4 - Agree<br>3 - Neither agree nor disagree<br>2 - Disagree<br>1 - Strongly disagree<br>1 How would your rate the mentoring programme?.<br>1 2 3 4 5<br>1 Would you want a mentors in the future?<br>1 2 3 4 5<br>1 Did you like your mentor?<br>1 2 3 4 5<br>1 Did you like your mentor?<br>1 2 3 4 5<br>V Is the program conduct regulary?<br>1 2 3 4 5<br>V Are you able to sharing your problem to your mentors?<br>1 2 3 4 5<br>V Are you getting solution of your problem from your mentors?<br>2 3 4 5<br>3. How do you evaluate your overall programme?<br>Very good Good Satisfactory Poor Very poor D   |        |   |                        |              |              |          |         |         |       |      |
| Programme Name: B.Sc (NUTH) B.Voc (FP)<br>A. Please answer all questions by circling one out of numbers 1 -5 against each statement.<br>The number 1 - 5 correspond to the statement:<br>5 - Strongly agree<br>4 - Agree<br>3 - Neither agree nor disagree<br>2 - Disagree<br>1 - Strongly disagree<br>1 How would your rate the mentoring programme?.<br>1 2 3 4 5<br>1 Would you want a mentors in the future?<br>1 2 3 4 5<br>1 Did you like your mentor?<br>1 2 3 4 5<br>1 Did you like your mentor?<br>1 2 3 4 5<br>V Is the program conduct regulary?<br>1 2 3 4 5<br>V Are you able to sharing your problem to your mentors?<br>1 2 3 4 5<br>V Are you getting solution of your problem from your mentors?<br>2 3 4 5<br>3. How do you evaluate your overall programme?<br>Very good Good Satisfactory Poor Very poor D   | Full N | Name_Putul  | Ranie Jo               | ina.         | Mobile nur   | mhor (   | 11 01   | 1112    | TIN 7 | 2    |
| A. Please answer all questions by circling one out of numbers 1 - 5 against each statement.<br>The number 1 - 5 correspond to the statement:<br>5 - Strongly agree<br>4 - Agree<br>3 - Neither agree nor disagree<br>2 - Disagree<br>1 - Strongly disagree<br>1 How would your rate the mentoring programme?.<br>1 2 3 4 5⁄<br>11 Would you want a mentors in the future?<br>1 2 3 4 5⁄<br>11 Did you like your mentor?<br>1 2 3 4 5⁄<br>12 3 4 5⁄<br>11 Did you like your mentor?<br>1 2 3 4 5⁄<br>12 3 4 5⁄<br>14 V Is the program conduct regulary?<br>1 2 3 4 5⁄<br>14 Are you able to sharing your problem to your mentors?<br>1 2 3 4 5⁄<br>14 Are you getting solution of your problem from your mentors?<br>1 2 3 4 5⁄<br>15 Are you getting solution of your problem from your mentors?<br>1 2 3 4 5⁄<br>16 Are you getting solution of your problem from your mentors?<br>1 2 3 4 5⁄<br>17 Are you getting solution of your problem from your mentors?<br>1 2 3 4 5⁄<br>18 How do you evaluate your overall programme?<br>19 Yery good Good Satisfactory Poor Very poor D  |        | The second se |                        |              | woone nur    | noer     | 2140    | 107     | 197   | 2    |
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